

# Nationale LD

## Vallée de Rabais - Ethe Virton 23.3.2025

### SUD O LUX

**Luca LENGES**

OLV Eifel

Omloop : H-16

Afstand : 7300m (Hoogteverschil 235m)

Tijd : 1:19:33 (10'54"/km)

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O.K.

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- |                |         |
|----------------|---------|
| 1. Daan COOLS  | 1:15:19 |
| 2. Thor WOLLES | 1:16:39 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 126 | 00:03:03 |          | 448m  | 6'48"/km  |
| 2.  | 96  | 00:02:54 | 00:05:57 | 242m  | 11'59"/km |
| 3.  | 101 | 00:03:13 | 00:09:10 | 215m  | 14'58"/km |
| 4.  | 75  | 00:01:34 | 00:10:44 | 138m  | 11'21"/km |
| 5.  | 85  | 00:01:30 | 00:12:14 | 135m  | 11'07"/km |
| 6.  | 102 | 00:03:22 | 00:15:36 |       |           |
| 7.  | 97  | 00:03:00 | 00:18:36 | 226m  | 13'16"/km |
| 8.  | 87  | 00:02:43 | 00:21:19 | 174m  | 15'37"/km |
| 9.  | 104 | 00:02:08 | 00:23:27 | 300m  | 7'07"/km  |
| 10. | 77  | 00:00:35 | 00:24:02 | 91m   | 6'25"/km  |
| 11. | 117 | 00:12:01 | 00:36:03 | 1303m | 9'13"/km  |
| 12. | 108 | 00:06:38 | 00:42:41 | 727m  | 9'07"/km  |
| 13. | 111 | 00:07:02 | 00:49:43 | 347m  | 20'16"/km |
| 14. | 114 | 00:03:54 | 00:53:37 | 384m  | 10'09"/km |
| 15. | 115 | 00:03:02 | 00:56:39 | 264m  | 11'29"/km |
| 16. | 94  | 00:05:41 | 01:02:20 | 496m  | 11'28"/km |
| 17. | 118 | 00:01:42 | 01:04:02 | 165m  | 10'18"/km |
| 18. | 119 | 00:00:42 | 01:04:44 | 92m   | 7'37"/km  |
| 19. | 121 | 00:07:07 | 01:11:51 | 720m  | 9'53"/km  |
| 20. | 100 | 00:01:15 | 01:13:06 | 140m  | 8'56"/km  |
| 21. | 123 | 00:02:13 | 01:15:19 | 185m  | 11'59"/km |
| 22. | 129 | 00:03:29 | 01:18:48 | 276m  | 12'37"/km |
| 23. | 165 | 00:00:33 | 01:19:21 | 58m   | 9'29"/km  |
| 24. | 999 | 00:00:12 | 01:19:33 | 107m  | 1'52"/km  |

Orienteering Software