



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

A Torre E A Rocha

TRAIL RUN HTR

Course : DUPLA FAST FEMININA

Distance : 5780m (Climbing 121m)

Time : 0:52:17,714 (9'03"/km)

3/10

O.K.

[Full result on Webres](#)

- | | |
|-----------------|-------------|
| 1. Dupla De Aço | 0:42:21,691 |
| 2. As Ousadas | 0:46:46,246 |

1.	71	00:14:51		2140m	6'56"/km	ENTRADA NA MATA - H2O 1
2.	74	00:35:01	00:49:52	3320m	10'33"/km	TRILHA NA MATA - INICIO DESAFIO
3.	999	00:02:25	00:52:17	300m	8'03"/km	CHEGADA

