



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

As Ousadas

Adsumus

Course : DUPLA FAST FEMININA

Distance : 5780m (Climbing 121m)

Time : 0:46:46,246 (8'05"/km)

2/10

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. Dupla De Aço | 0:42:21,691 |
| 3. A Torre E A Rocha | 0:52:17,714 |

1.	71	00:13:31		2140m	6'19"/km	ENTRADA NA MATA - H2O 1
2.	74	00:30:51	00:44:22	3320m	9'18"/km	TRILHA NA MATA - INICIO DESAFIO
3.	999	00:02:24	00:46:46	300m	8'00"/km	CHEGADA

