



Sprint Nocturne ROC

Cergy 22.3.2025

9510IF ROC

Léna GUIHENEUF

7512IF RO'Paris

Course : 03

Distance : 4000m

Time : 0:45:00 (11'15"/km)

14/37

O.K.

[Full result on Webres](#)

1. Benjamin MAURIES	0:24:28
2. Hugo JAEGLER	0:30:29
3. Konstantin AMELICHEV	0:30:32

1.	82	00:02:03		244m	8'24"/km
2.	86	00:01:06	00:03:09	148m	7'26"/km
3.	60	00:01:17	00:04:26	144m	8'55"/km
4.	61	00:02:27	00:06:53	146m	16'47"/km
5.	62	00:01:29	00:08:22	149m	9'57"/km
6.	63	00:02:28	00:10:50	153m	16'07"/km
7.	69	00:02:41	00:13:31	287m	9'21"/km
8.	68	00:00:39	00:14:10	47m	13'50"/km
9.	70	00:01:29	00:15:39	149m	9'57"/km
10.	84	00:01:31	00:17:10	184m	8'15"/km
11.	89	00:02:24	00:19:34	129m	18'36"/km
12.	98	00:00:36	00:20:10	68m	8'49"/km
13.	97	00:00:27	00:20:37		
14.	79	00:00:15	00:20:52	31m	8'04"/km
15.	97	00:00:11	00:21:03	31m	5'55"/km
16.	91	00:00:51	00:21:54	67m	12'41"/km
17.	64	00:01:46	00:23:40	164m	10'46"/km
18.	92	00:00:52	00:24:32	115m	7'32"/km
19.	65	00:09:05	00:33:37	209m	43'28"/km
20.	94	00:01:15	00:34:52	176m	7'06"/km
21.	67	00:01:16	00:36:08	179m	7'05"/km
22.	93	00:00:51	00:36:59	143m	5'57"/km
23.	65	00:00:23	00:37:22	61m	6'17"/km
24.	71	00:02:40	00:40:02	392m	6'48"/km
25.	96	00:01:15	00:41:17	167m	7'29"/km
26.	81	00:00:55	00:42:12	120m	7'38"/km
27.	80	00:00:26	00:42:38		
28.	85	00:00:51	00:43:29		
29.	99	00:00:59	00:44:28	83m	11'51"/km
30.	999	00:00:32	00:45:00	101m	5'17"/km