



I Etapa - XIX Campeonato Paraibano de Orientação
NUPPA - João Pessoa/PB 16.3.2025
Clube de Orientação Rota Alternativa

Adriana Silva do Nascimento

AUTO ESPORTE

Circuit : D Sênior A

Distance : 2070m (Dénivelé 40m)

Temps : 1:23:37 (40'24"/km) [Points : 683]

4/5

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------------|----------------|
| 1. Adriana Kátrim de Souza Tolêdo | 0:57:06 [1000] |
| 2. Dinalva Pereira do Nascimento | 1:04:22 [887] |
| 3. Luciana Veríssimo Ávila | 1:20:58 [705] |

1.	104	00:13:24		127m	105'31"/km
2.	113	00:03:17	00:16:41	191m	17'11"/km
3.	110	00:02:46	00:19:27	102m	27'07"/km
4.	107	00:02:16	00:21:43	99m	22'54"/km
5.	126	00:22:52	00:44:35	350m	65'20"/km
6.	125	00:02:30	00:47:05	82m	30'29"/km
7.	127	00:03:28	00:50:33	61m	56'50"/km
8.	119	00:10:01	01:00:34	192m	52'10"/km
9.	123	00:12:48	01:13:22	226m	56'38"/km
10.	128	00:02:47	01:16:09	253m	11'00"/km
11.	131	00:06:07	01:22:16	167m	36'38"/km
12.	133	00:00:48	01:23:04	78m	10'15"/km
13.	999	00:00:33	01:23:37	70m	7'51"/km

HELGA

Orienteering Software