



I Etapa - XIX Campeonato Paraibano de Orientação
NUPPA - João Pessoa/PB 16.3.2025
Clube de Orientação Rota Alternativa

Nelma Silva Sousa

Clube de Orientação Ariramba

Circuit : D Adulto A

Distance : 2010m (Dénivelé 40m)

Temps : 0:56:53 (28'18"/km) [Points : 788]

3/3

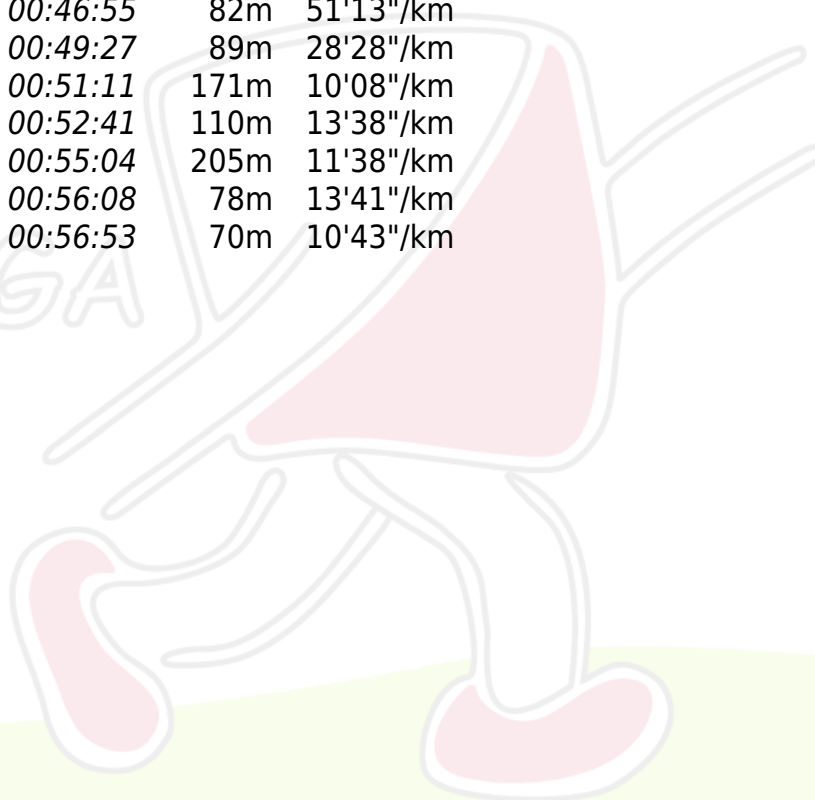
O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------------------|----------------|
| 1. Eliud Guedes Tavares | 0:44:50 [1000] |
| 2. Maria Cristina Tavares Ferreira | 0:52:35 [853] |

1.	104	00:05:16		127m	41'28"/km
2.	115	00:09:14	00:14:30	307m	30'05"/km
3.	110	00:02:14	00:16:44	124m	18'01"/km
4.	107	00:02:28	00:19:12	99m	24'55"/km
5.	118	00:19:16	00:38:28	284m	67'50"/km
6.	127	00:01:55	00:40:23	129m	14'51"/km
7.	125	00:02:20	00:42:43	61m	38'15"/km
8.	126	00:04:12	00:46:55	82m	51'13"/km
9.	122	00:02:32	00:49:27	89m	28'28"/km
10.	123	00:01:44	00:51:11	171m	10'08"/km
11.	124	00:01:30	00:52:41	110m	13'38"/km
12.	130	00:02:23	00:55:04	205m	11'38"/km
13.	133	00:01:04	00:56:08	78m	13'41"/km
14.	999	00:00:45	00:56:53	70m	10'43"/km

HELGA



Orienteering Software