



I Etapa - XIX Campeonato Paraibano de Orientação
NUPPA - João Pessoa/PB 16.3.2025
Clube de Orientação Rota Alternativa

Maria Cristina Tavares Ferreira

Clube de Orientação do Extremo Leste

Circuit : D Adulto A

Distance : 2010m (Dénivelé 40m)

Temps : 0:52:35 (26'10"/km) [Points : 853]

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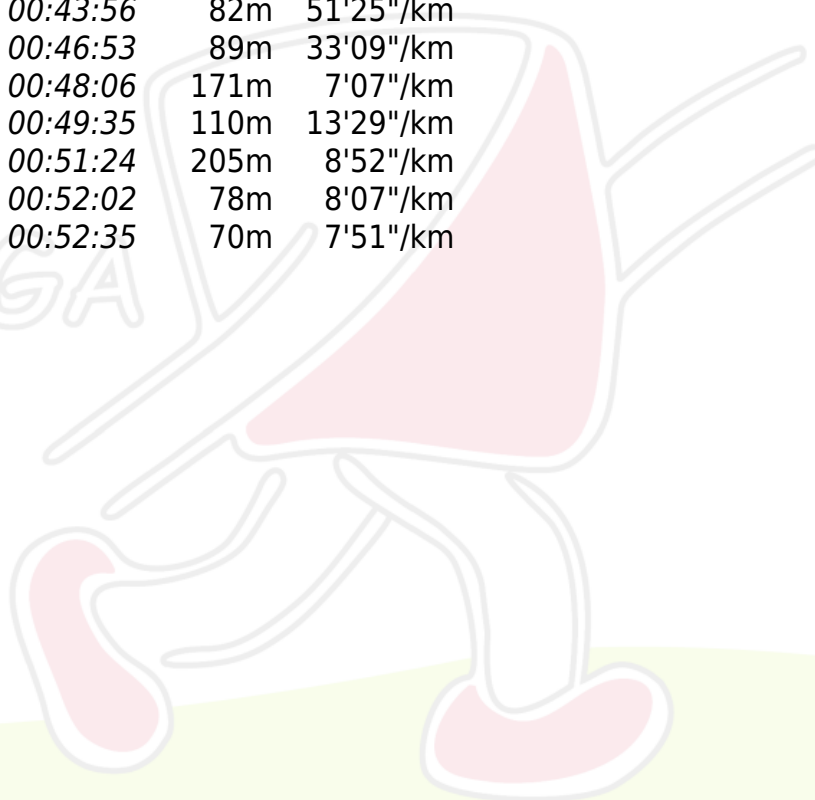
O.K.

[Résultats complets sur Webres](#)

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|-------------------------|----------------|
| 1. Eliud Guedes Tavares | 0:44:50 [1000] |
| 3. Nelma Silva Sousa | 0:56:53 [788] |

1.	104	00:03:24		127m	26'46"/km
2.	115	00:08:06	00:11:30	307m	26'23"/km
3.	110	00:06:51	00:18:21	124m	55'15"/km
4.	107	00:02:19	00:20:40	99m	23'24"/km
5.	118	00:15:20	00:36:00	284m	53'59"/km
6.	127	00:01:21	00:37:21	129m	10'28"/km
7.	125	00:02:22	00:39:43	61m	38'48"/km
8.	126	00:04:13	00:43:56	82m	51'25"/km
9.	122	00:02:57	00:46:53	89m	33'09"/km
10.	123	00:01:13	00:48:06	171m	7'07"/km
11.	124	00:01:29	00:49:35	110m	13'29"/km
12.	130	00:01:49	00:51:24	205m	8'52"/km
13.	133	00:00:38	00:52:02	78m	8'07"/km
14.	999	00:00:33	00:52:35	70m	7'51"/km

HELGA



Orienteering Software