



I Etapa - XIX Campeonato Paraibano de Orientação
NUPPA - João Pessoa/PB 16.3.2025
Clube de Orientação Rota Alternativa

Eliud Guedes Tavares

Clube de Orientação Mandacaru Nordeste

Circuit : D Adulto A

Distance : 2010m (Dénivelé 40m)

Temps : 0:44:50 (22'18"/km) [Points : 1000]

1/3

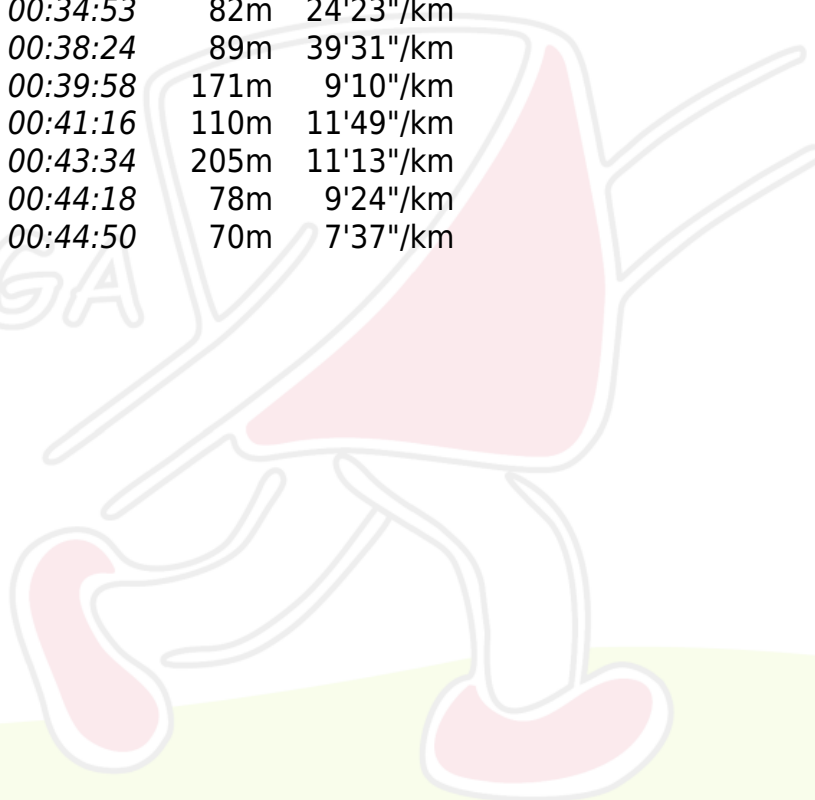
O.K.

[Résultats complets sur Webres](#)

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|------------------------------------|---------------|
| 2. Maria Cristina Tavares Ferreira | 0:52:35 [853] |
| 3. Nelma Silva Sousa | 0:56:53 [788] |

1.	104	00:03:03		127m	24'01"/km
2.	115	00:06:20	00:09:23	307m	20'38"/km
3.	110	00:02:03	00:11:26	124m	16'32"/km
4.	107	00:01:40	00:13:06	99m	16'50"/km
5.	118	00:14:08	00:27:14	284m	49'46"/km
6.	127	00:03:36	00:30:50	129m	27'54"/km
7.	125	00:02:03	00:32:53	61m	33'36"/km
8.	126	00:02:00	00:34:53	82m	24'23"/km
9.	122	00:03:31	00:38:24	89m	39'31"/km
10.	123	00:01:34	00:39:58	171m	9'10"/km
11.	124	00:01:18	00:41:16	110m	11'49"/km
12.	130	00:02:18	00:43:34	205m	11'13"/km
13.	133	00:00:44	00:44:18	78m	9'24"/km
14.	999	00:00:32	00:44:50	70m	7'37"/km

HELGA



Orienteering Software