



1ª Corrida de Orientação Capelania São Tomás de Aquino
EsPCEx 15.3.2025
Clube de Orientação da EsPCEx

Theodora

Coroinhas

Circuit : D INF N

Distance : 1400m

Temps : 0:34:40 (24'46"/km)

12/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------|---------|
| 1. Antonela | 0:15:17 |
| 2. Maria Flávia | 0:15:49 |
| 3. Manuela | 0:16:15 |

1.	39	00:01:18		250m	5'12"/km
2.	31	00:09:53	00:11:11		
3.	40	00:03:00	00:14:11		
4.	39	00:01:01	00:15:12	136m	7'29"/km
5.	38	00:01:32	00:16:44	156m	9'50"/km
6.	37	00:02:22	00:19:06	300m	7'53"/km
7.	36	00:02:05	00:21:11	171m	12'11"/km
8.	41	00:03:03	00:24:14	235m	12'59"/km
9.	35	00:02:00	00:26:14	168m	11'54"/km
10.	34	00:03:07	00:29:21	239m	13'02"/km
11.	32	00:02:30	00:31:51	143m	17'29"/km
12.	33	00:01:14	00:33:05	96m	12'51"/km
13.	31	00:00:56	00:34:01	86m	10'51"/km
14.	999	00:00:39	00:34:40	124m	5'15"/km

HELGA

Orienteering Software