



1ª Corrida de Orientação Capelania São Tomás de Aquino
EsPCEEx 15.3.2025
Clube de Orientação da EsPCEEx

Manuela

Coroinhas

Course : D INF N

Distance : 1400m

Time : 0:16:15 (11'36"/km)

3/12

O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Antonela | 0:15:17 |
| 2. Maria Flávia | 0:15:49 |

1.	39	00:01:35		250m	6'20"/km
2.	43	00:05:20	00:06:55	151m	35'19"/km
3.	38	00:00:24	00:07:19	77m	5'12"/km
4.	42	00:02:05	00:09:24	235m	8'52"/km
5.	34	00:03:19	00:12:43	262m	12'40"/km
6.	32	00:01:38	00:14:21	143m	11'25"/km
7.	33	00:00:43	00:15:04	96m	7'28"/km
8.	31	00:00:28	00:15:32	86m	5'26"/km
9.	999	00:00:43	00:16:15	124m	5'47"/km

HELGA

Orienteering Software