



**1ª Corrida de Orientação Capelania São Tomás de Aquino**  
**EsPCEEx 15.3.2025**  
**Clube de Orientação da EsPCEEx**

**Rafael**

Acólitos

Strecke : H ADUL N

Länge : 2000m

Zeit : 0:20:28 (10'14"/km)

**6/13**

O.K.

[Vollständige Ergebnisse auf Webres](#)

- |             |         |
|-------------|---------|
| 1. Daniel   | 0:14:26 |
| 2. Túlio    | 0:17:08 |
| 3. Bernardo | 0:17:39 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 40  | 00:00:43 |          | 134m | 5'21"/km  |
| 2.  | 39  | 00:01:02 | 00:01:45 | 136m | 7'36"/km  |
| 3.  | 38  | 00:04:06 | 00:05:51 | 156m | 26'17"/km |
| 4.  | 37  | 00:01:59 | 00:07:50 | 300m | 6'37"/km  |
| 5.  | 36  | 00:02:06 | 00:09:56 | 171m | 12'17"/km |
| 6.  | 41  | 00:02:39 | 00:12:35 | 235m | 11'17"/km |
| 7.  | 35  | 00:02:10 | 00:14:45 | 168m | 12'54"/km |
| 8.  | 34  | 00:02:29 | 00:17:14 | 239m | 10'23"/km |
| 9.  | 32  | 00:01:40 | 00:18:54 | 143m | 11'39"/km |
| 10. | 33  | 00:00:38 | 00:19:32 | 96m  | 6'36"/km  |
| 11. | 31  | 00:00:26 | 00:19:58 | 86m  | 5'02"/km  |
| 12. | 999 | 00:00:30 | 00:20:28 | 124m | 4'02"/km  |

HELGA

Orienteering Software