



2º Treino COSM 2025

São Valentin 9.3.2025

Clube de Orientação de Santa Maria

Lucas Cogo

Colégio Militar de Santa Maria

Course : B1

Distance : 4200m (Climbing 150m)

Time : 1:55:25 (27'29"/km)

4/7

O.K.

[Full result on Webres](#)

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|---------------------------------|---------|
| 1. Araci Acemar Trindade | 0:48:51 |
| 2. Alessandro Fagundes De Souza | 1:03:38 |
| 3. Rafael Veloso | 1:20:13 |

1.	57	00:03:21		133m	25'11"/km
2.	85	00:09:19	00:12:40	208m	44'47"/km
3.	40	00:03:14	00:15:54	106m	30'30"/km
4.	35	00:04:52	00:20:46	272m	17'54"/km
5.	76	00:04:53	00:25:39	211m	23'09"/km
6.	60	00:33:51	00:59:30	262m	129'12"/km
7.	47	00:06:14	01:05:44	231m	26'59"/km
8.	55	00:10:15	01:15:59	265m	38'41"/km
9.	61	00:15:02	01:31:01	803m	18'43"/km
10.	37	00:03:25	01:34:26	338m	10'07"/km
11.	77	00:04:57	01:39:23	243m	20'22"/km
12.	36	00:01:06	01:40:29	126m	8'44"/km
13.	63	00:03:34	01:44:03	221m	16'08"/km
14.	72	00:04:40	01:48:43	327m	14'16"/km
15.	78	00:04:25	01:53:08	151m	29'15"/km
16.	73	00:01:40	01:54:48	180m	9'16"/km
17.	999	00:00:37	01:55:25	82m	7'31"/km

Orienteering Software