



I TREINO COTI
FLONA 9.3.2025
Clube de Orientação Tiradentes

Carlos Rocha

TREINO COTI

Course : Novato

Distance : 3400m

Time : 3:01:12 (53'18"/km)

13/16

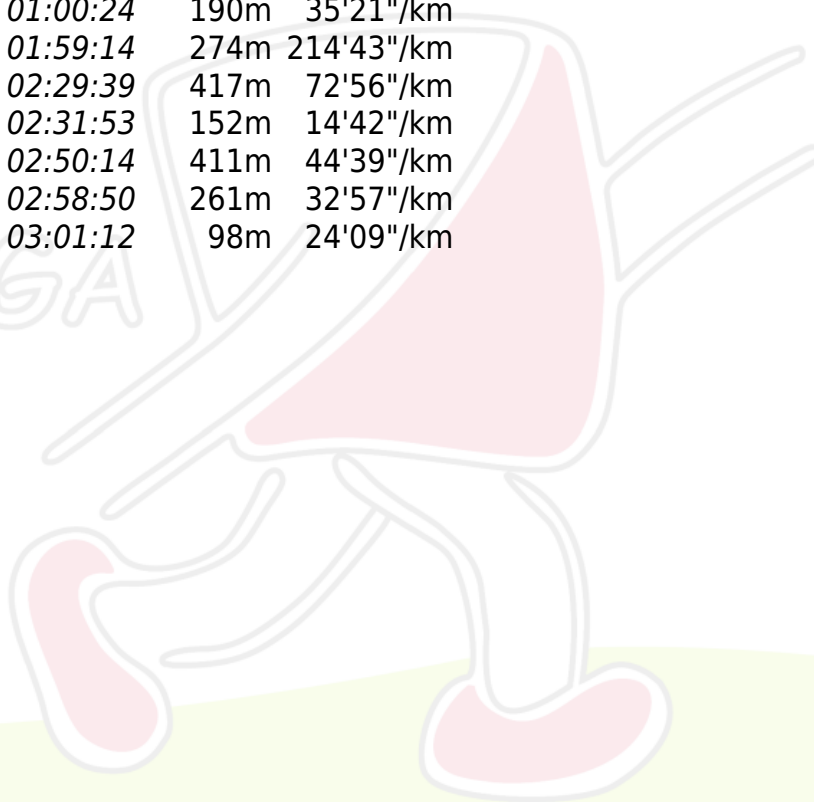
O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|---------|
| 1. Vitor Dalla Costa | 0:43:51 |
| 2. Luis Fernando Fuzer Aquino | 1:03:32 |
| 3. João Pedro Woyames Pereira | 1:08:50 |

1.	42	00:05:09		205m	25'07"/km
2.	43	00:09:05	00:14:14	326m	27'52"/km
3.	40	00:14:01	00:28:15	280m	50'04"/km
4.	41	00:10:03	00:38:18	193m	52'04"/km
5.	45	00:06:28	00:44:46	128m	50'31"/km
6.	38	00:05:21	00:50:07	240m	22'17"/km
7.	44	00:03:34	00:53:41	185m	19'17"/km
8.	53	00:06:43	01:00:24	190m	35'21"/km
9.	39	00:58:50	01:59:14	274m	214'43"/km
10.	51	00:30:25	02:29:39	417m	72'56"/km
11.	37	00:02:14	02:31:53	152m	14'42"/km
12.	33	00:18:21	02:50:14	411m	44'39"/km
13.	31	00:08:36	02:58:50	261m	32'57"/km
14.	999	00:02:22	03:01:12	98m	24'09"/km

HELGA



Orienteering Software