



I TREINO COTI
FLONA 9.3.2025
Clube de Orientação Tiradentes

Inês García De Sousa E Silva

TREINO COTI

Percurso : Iniciante

Distancia : 2700m

Tempo : 1:13:23 (27'11"/km)

25/35

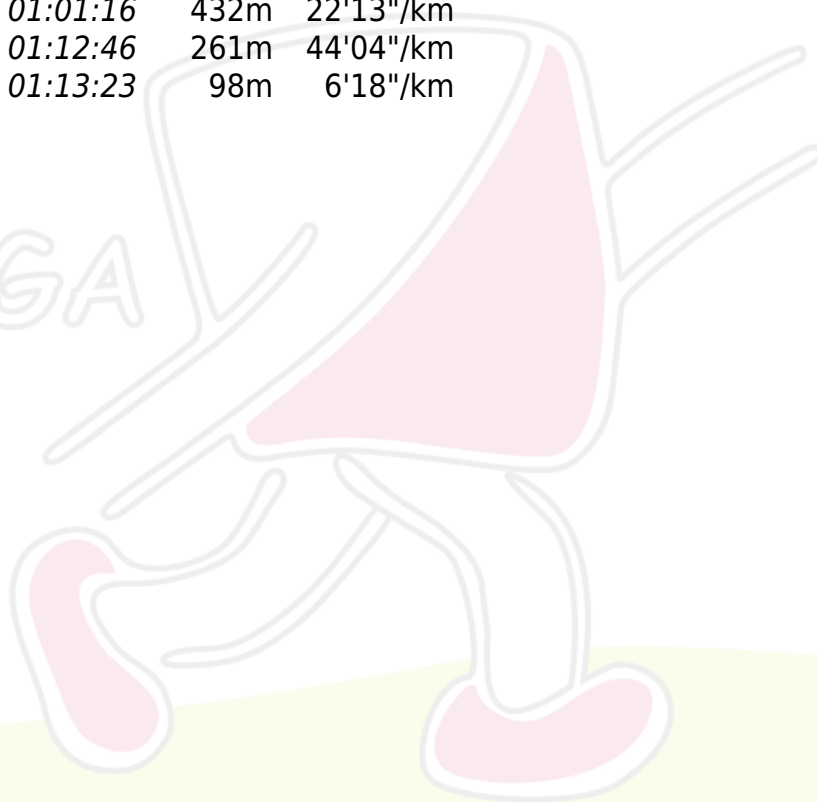
O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Joao Pedro Cardoso Coelho | 0:39:07 |
| 2. Eloa May De Moraes | 0:40:11 |
| 3. Alice Lagares Marques | 0:45:40 |

1.	43	00:06:01		433m	13'54"/km
2.	37	00:03:50	00:09:51	191m	20'04"/km
3.	41	00:10:34	00:20:25	394m	26'49"/km
4.	45	00:06:50	00:27:15	128m	53'23"/km
5.	44	00:13:11	00:40:26	256m	51'30"/km
6.	38	00:03:57	00:44:23	185m	21'21"/km
7.	51	00:07:17	00:51:40	360m	20'14"/km
8.	33	00:09:36	01:01:16	432m	22'13"/km
9.	31	00:11:30	01:12:46	261m	44'04"/km
10.	999	00:00:37	01:13:23	98m	6'18"/km

HELGA



Orienteering Software