



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Lucas Aguiar Lima Rodrigues

TREINO COTI

Course : Iniciante

Distance : 2700m

Time : 1:05:08 (24'07"/km)

21/35

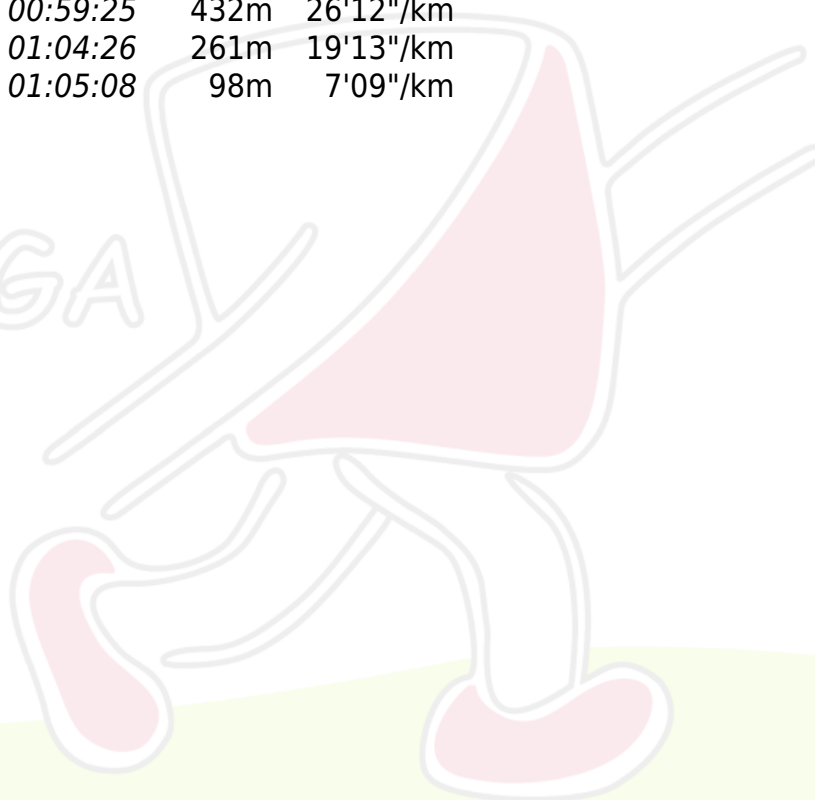
O.K.

[Full result on Webres](#)

- | | |
|------------------------------|---------|
| 1. Joao Pedro Cardoso Coelho | 0:39:07 |
| 2. Eloa May De Moraes | 0:40:11 |
| 3. Alice Lagares Marques | 0:45:40 |

1.	43	00:05:59		433m	13'49"/km
2.	37	00:07:46	00:13:45	191m	40'40"/km
3.	41	00:07:54	00:21:39	394m	20'03"/km
4.	45	00:09:41	00:31:20	128m	75'39"/km
5.	44	00:05:38	00:36:58	256m	22'00"/km
6.	38	00:03:21	00:40:19	185m	18'06"/km
7.	51	00:07:47	00:48:06	360m	21'37"/km
8.	33	00:11:19	00:59:25	432m	26'12"/km
9.	31	00:05:01	01:04:26	261m	19'13"/km
10.	999	00:00:42	01:05:08	98m	7'09"/km

HELGA



Orienteering Software