



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Joao Pedro Cardoso Coelho

TREINO COTI

Percurso : Iniciante

Distancia : 2700m

Tempo : 0:39:07 (14'29"/km)

1/35

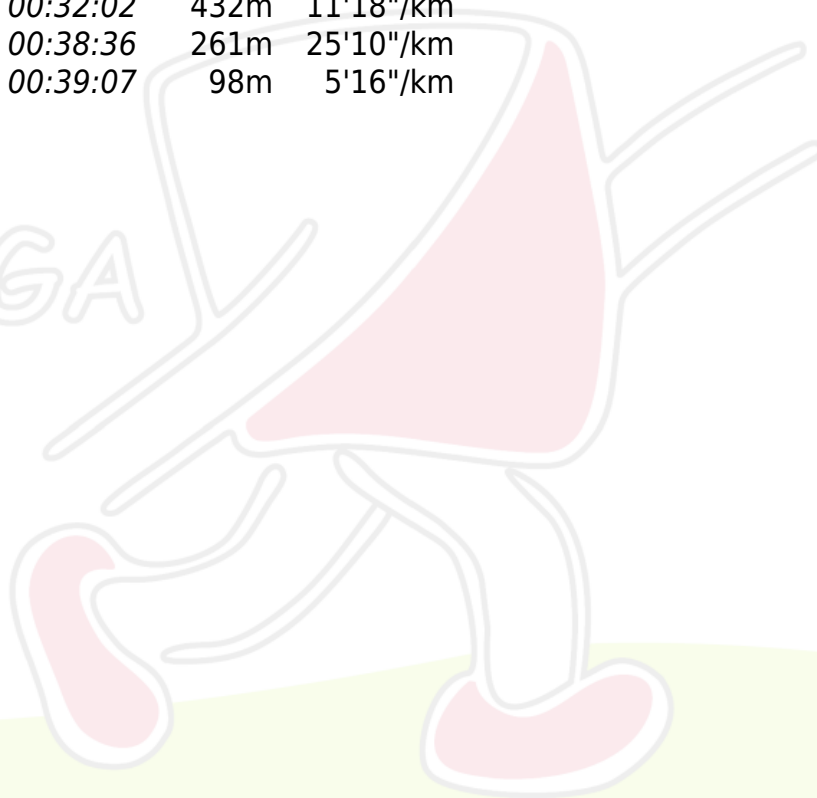
O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------|---------|
| 2. Eloa May De Moraes | 0:40:11 |
| 3. Alice Lagares Marques | 0:45:40 |

1.	43	00:04:59		433m	11'31"/km
2.	37	00:02:07	00:07:06	191m	11'05"/km
3.	41	00:04:41	00:11:47	394m	11'53"/km
4.	45	00:03:18	00:15:05	128m	25'47"/km
5.	44	00:04:00	00:19:05	256m	15'38"/km
6.	38	00:02:36	00:21:41	185m	14'03"/km
7.	51	00:05:28	00:27:09	360m	15'11"/km
8.	33	00:04:53	00:32:02	432m	11'18"/km
9.	31	00:06:34	00:38:36	261m	25'10"/km
10.	999	00:00:31	00:39:07	98m	5'16"/km

HELGA



Orienteering Software