



I TREINO COTI
FLONA 9.3.2025
Clube de Orientação Tiradentes

Kathariny De Almeida Santos

TREINO COTI

Circuit : Avançado

Distance : 5700m

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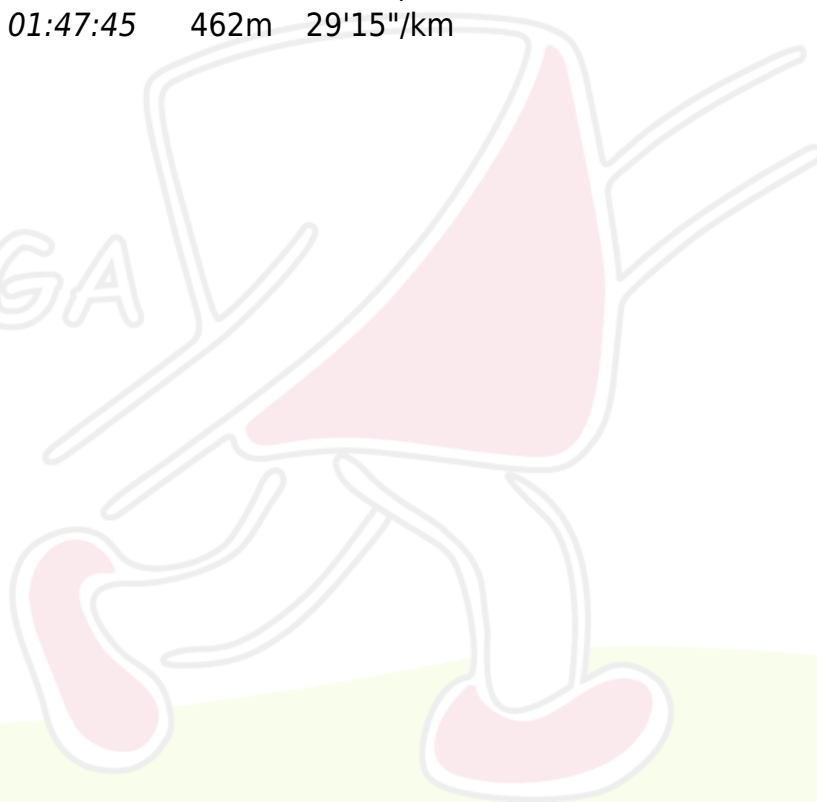
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- | | |
|---------------------------|---------|
| 1. Rildo Machado Ferreira | 1:10:28 |
| 2. Francielo Dalla Costa | 1:11:33 |
| 3. José Fernando Bohn | 1:15:52 |

1.	42	00:04:03		205m	19'45"/km
2.	49	00:07:02	00:11:05	305m	23'04"/km
3.	40	00:22:06	00:33:11	619m	35'42"/km
4.	51	00:08:10	00:41:21	369m	22'08"/km
5.	36	00:05:31	00:46:52	228m	24'12"/km
6.	47	00:11:27	00:58:19	471m	24'19"/km
7.	34	00:12:01	01:10:20	385m	31'13"/km
8.	46	00:09:41	01:20:01	320m	30'16"/km
9.	48	00:14:13	01:34:14	525m	27'05"/km
10.	32	00:13:31	01:47:45	462m	29'15"/km

HELGA



Orienteering Software