



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Daniel Luiz

TREINO COTI

Percurso : Avançado

Distancia : 5700m

Tempo : 1:51:53 (19'38"/km)

18/34

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------|---------|
| 1. Rildo Machado Ferreira | 1:10:28 |
| 2. Francielo Dalla Costa | 1:11:33 |
| 3. José Fernando Bohn | 1:15:52 |

1.	42	00:02:17		205m	11'08"/km
2.	49	00:08:33	00:10:50	305m	28'02"/km
3.	40	00:16:16	00:27:06	619m	26'17"/km
4.	51	00:05:03	00:32:09	369m	13'41"/km
5.	36	00:09:15	00:41:24	228m	40'34"/km
6.	47	00:13:33	00:54:57	471m	28'46"/km
7.	34	00:05:46	01:00:43	385m	14'59"/km
8.	46	00:04:34	01:05:17	320m	14'16"/km
9.	52	00:06:25	01:11:42	361m	17'46"/km
10.	53	00:05:12	01:16:54	328m	15'51"/km
11.	48	00:16:55	01:33:49	801m	21'07"/km
12.	32	00:10:16	01:44:05	462m	22'13"/km
13.	50	00:03:19	01:47:24	247m	13'26"/km
14.	31	00:04:00	01:51:24	458m	8'44"/km
15.	999	00:00:29	01:51:53	98m	4'56"/km

Orienteering Software