



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Wesley Oliveira

TREINO COTI

Percurso : Experiente

Distancia : 7100m

Tempo : 1:43:11 (14'32"/km)

18/45

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |
| 3. Valter Araújo Dos Santos | 1:02:53 |

1.	49	00:07:54		460m	17'10"/km
2.	40	00:07:32	00:15:26	619m	12'10"/km
3.	37	00:02:31	00:17:57	221m	11'23"/km
4.	43	00:01:43	00:19:40	191m	8'59"/km
5.	33	00:08:21	00:28:01	247m	33'48"/km
6.	48	00:05:47	00:33:48	407m	14'13"/km
7.	46	00:05:22	00:39:10	525m	10'13"/km
8.	34	00:04:32	00:43:42	320m	14'10"/km
9.	47	00:03:57	00:47:39	385m	10'16"/km
10.	35	00:15:12	01:02:51	540m	28'09"/km
11.	52	00:04:54	01:07:45	273m	17'57"/km
12.	53	00:04:47	01:12:32	328m	14'35"/km
13.	45	00:05:19	01:17:51	443m	12'00"/km
14.	36	00:07:03	01:24:54	662m	10'39"/km
15.	32	00:10:37	01:35:31	684m	15'31"/km
16.	50	00:03:11	01:38:42	247m	12'53"/km
17.	31	00:04:09	01:42:51	458m	9'04"/km
18.	999	00:00:20	01:43:11	98m	3'24"/km

Orienteering Software