



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Diogo De Sordi

TREINO COTI

Course : Experiente

Distance : 7100m

Time : 1:30:24 (12'44"/km)

12/45

O.K.

[Full result on Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |
| 3. Valter Araújo Dos Santos | 1:02:53 |

1.	49	00:04:35		460m	9'58"/km
2.	40	00:06:11	00:10:46	619m	9'59"/km
3.	37	00:02:08	00:12:54	221m	9'39"/km
4.	43	00:02:42	00:15:36	191m	14'08"/km
5.	33	00:04:54	00:20:30	247m	19'50"/km
6.	48	00:05:18	00:25:48	407m	13'01"/km
7.	46	00:06:05	00:31:53	525m	11'35"/km
8.	34	00:04:03	00:35:56	320m	12'39"/km
9.	47	00:04:14	00:40:10	385m	11'00"/km
10.	35	00:11:27	00:51:37	540m	21'12"/km
11.	52	00:08:15	00:59:52	273m	30'13"/km
12.	53	00:07:25	01:07:17	328m	22'37"/km
13.	45	00:05:13	01:12:30	443m	11'47"/km
14.	36	00:06:52	01:19:22	662m	10'22"/km
15.	32	00:05:21	01:24:43	684m	7'49"/km
16.	50	00:02:13	01:26:56	247m	8'58"/km
17.	31	00:02:59	01:29:55	458m	6'31"/km
18.	999	00:00:29	01:30:24	98m	4'56"/km

Orienteering Software