



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Bernardo Bubniak Bocanegra

TREINO COTI

Percurso : Experiente

Distancia : 7100m

Tempo : 1:23:45 (11'48"/km)

8/45

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |
| 3. Valter Araújo Dos Santos | 1:02:53 |

1.	49	00:06:28		460m	14'03"/km
2.	40	00:05:23	00:11:51	619m	8'42"/km
3.	37	00:02:16	00:14:07	221m	10'15"/km
4.	43	00:01:59	00:16:06	191m	10'23"/km
5.	33	00:03:09	00:19:15	247m	12'45"/km
6.	48	00:05:34	00:24:49	407m	13'41"/km
7.	46	00:04:48	00:29:37	525m	9'09"/km
8.	34	00:03:27	00:33:04	320m	10'47"/km
9.	47	00:03:40	00:36:44	385m	9'31"/km
10.	35	00:18:27	00:55:11	540m	34'10"/km
11.	52	00:02:48	00:57:59	273m	10'15"/km
12.	53	00:03:20	01:01:19	328m	10'10"/km
13.	45	00:04:25	01:05:44	443m	9'58"/km
14.	36	00:06:01	01:11:45	662m	9'05"/km
15.	32	00:06:16	01:18:01	684m	9'10"/km
16.	50	00:02:04	01:20:05	247m	8'22"/km
17.	31	00:03:15	01:23:20	458m	7'06"/km
18.	999	00:00:25	01:23:45	98m	4'15"/km

Orienteering Software