



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Edson Luis Marques Alviene

TREINO COTI

Circuit : Experiente

Distance : 7100m

Temps : 1:21:03 (11'25"/km)

7/45

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |
| 3. Valter Araújo Dos Santos | 1:02:53 |

1.	49	00:04:25		460m	9'36"/km
2.	40	00:05:18	00:09:43	619m	8'34"/km
3.	37	00:01:50	00:11:33	221m	8'18"/km
4.	43	00:01:49	00:13:22	191m	9'31"/km
5.	33	00:03:50	00:17:12	247m	15'31"/km
6.	48	00:06:11	00:23:23	407m	15'12"/km
7.	46	00:14:53	00:38:16	525m	28'21"/km
8.	34	00:02:38	00:40:54	320m	8'14"/km
9.	47	00:04:05	00:44:59	385m	10'36"/km
10.	35	00:05:44	00:50:43	540m	10'37"/km
11.	52	00:02:54	00:53:37	273m	10'37"/km
12.	53	00:03:35	00:57:12	328m	10'55"/km
13.	45	00:04:25	01:01:37	443m	9'58"/km
14.	36	00:07:10	01:08:47	662m	10'50"/km
15.	32	00:06:14	01:15:01	684m	9'07"/km
16.	50	00:02:14	01:17:15	247m	9'03"/km
17.	31	00:03:14	01:20:29	458m	7'04"/km
18.	999	00:00:34	01:21:03	98m	5'47"/km

Orienteering Software