



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Altair Lorenzi

TREINO COTI

Omloop : Experiente

Afstand : 7100m

Tijd : 1:09:30 (9'47"/km)

4/45

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |
| 3. Valter Araújo Dos Santos | 1:02:53 |

1.	49	00:04:42		460m	10'13"/km
2.	40	00:05:16	00:09:58	619m	8'31"/km
3.	37	00:01:38	00:11:36	221m	7'23"/km
4.	43	00:05:28	00:17:04	191m	28'37"/km
5.	33	00:04:43	00:21:47	247m	19'06"/km
6.	48	00:04:45	00:26:32	407m	11'40"/km
7.	46	00:04:24	00:30:56	525m	8'23"/km
8.	34	00:02:37	00:33:33	320m	8'11"/km
9.	47	00:03:13	00:36:46	385m	8'21"/km
10.	35	00:05:32	00:42:18	540m	10'15"/km
11.	52	00:03:09	00:45:27	273m	11'32"/km
12.	53	00:02:59	00:48:26	328m	9'06"/km
13.	45	00:04:23	00:52:49	443m	9'54"/km
14.	36	00:05:52	00:58:41	662m	8'52"/km
15.	32	00:05:00	01:03:41	684m	7'19"/km
16.	50	00:02:16	01:05:57	247m	9'11"/km
17.	31	00:03:11	01:09:08	458m	6'57"/km
18.	999	00:00:22	01:09:30	98m	3'44"/km

Orienteering Software