



I TREINO COTI

FLONA 9.3.2025

Clube de Orientação Tiradentes

Valker Araújo Dos Santos

TREINO COTI

Circuit : Experiente

Distance : 7100m

Temps : 1:02:53 (8'51"/km)

3/45

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------------|---------|
| 1. Simeão | 0:58:41 |
| 2. Juliano Pereira Pasturiza | 0:58:55 |

1.	49	00:04:42		460m	10'13"/km
2.	40	00:05:27	00:10:09	619m	8'48"/km
3.	37	00:01:29	00:11:38	221m	6'43"/km
4.	43	00:02:34	00:14:12	191m	13'26"/km
5.	33	00:01:57	00:16:09	247m	7'54"/km
6.	48	00:04:20	00:20:29	407m	10'39"/km
7.	46	00:03:52	00:24:21	525m	7'22"/km
8.	34	00:03:18	00:27:39	320m	10'19"/km
9.	47	00:02:34	00:30:13	385m	6'40"/km
10.	35	00:06:27	00:36:40	540m	11'57"/km
11.	52	00:02:22	00:39:02	273m	8'40"/km
12.	53	00:02:28	00:41:30	328m	7'31"/km
13.	45	00:03:16	00:44:46	443m	7'22"/km
14.	36	00:09:22	00:54:08	662m	14'09"/km
15.	32	00:04:10	00:58:18	684m	6'05"/km
16.	50	00:01:31	00:59:49	247m	6'08"/km
17.	31	00:02:39	01:02:28	458m	5'47"/km
18.	999	00:00:25	01:02:53	98m	4'15"/km

Orienteering Software