



# Training am Wegweiser St. Vither Wald Süd 9.3.2025 O.L.G. St. Vith ARDOC

**Alain GENTEN**

O.L.V. Eifel

Strecke : Schwarz Lang

Länge : 6200m (Steigung 160m)

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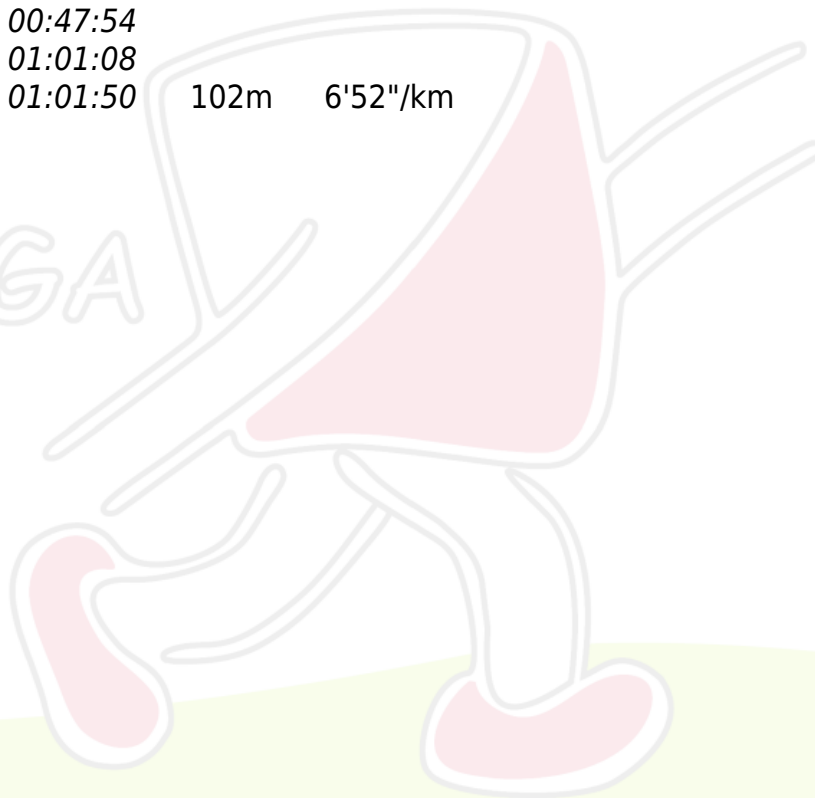
nicht klassiert

[Vollständige Ergebnisse auf Webres](#)

- |                  |         |
|------------------|---------|
| 1. Michel BASTIN | 0:43:52 |
| 2. Guido LENGES  | 0:45:44 |
| 3. Robert THEISS | 0:51:24 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 208 | 00:05:04 |          | 477m  | 10'37"/km |
| 2.  | 206 | 00:06:22 | 00:11:26 | 600m  | 10'37"/km |
| 3.  | 205 | 00:02:15 | 00:13:41 | 278m  | 8'06"/km  |
| 4.  | 211 | 00:03:40 | 00:17:21 | 387m  | 9'28"/km  |
| 5.  | 212 | 00:02:00 | 00:19:21 | 253m  | 7'54"/km  |
| 6.  | 213 | 00:03:50 | 00:23:11 | 409m  | 9'22"/km  |
| 7.  | 205 | 00:03:34 | 00:26:45 | 485m  | 7'21"/km  |
| 8.  | 216 | 00:12:23 | 00:39:08 | 1212m | 10'13"/km |
| 9.  | 217 | 00:04:04 | 00:43:12 | 317m  | 12'50"/km |
| 10. | 219 | 00:04:42 | 00:47:54 |       |           |
| 11. | 209 | 00:13:14 | 01:01:08 |       |           |
| 12. | 999 | 00:00:42 | 01:01:50 | 102m  | 6'52"/km  |

HELGA



Orienteering Software