



Training am Wegweiser St. Vither Wald Süd 9.3.2025 O.L.G. St. Vith ARDOC

Pia WAGNER

Indiv.

Omloop : Schwarz Lang

Afstand : 6200m (Hoogteverschil 160m)

Tijd : 1:42:53 (16'36"/km)

12/19

O.K.

[Volledige uitslagen op Webres](#)

1. Michel BASTIN	0:43:52
2. Guido LENGES	0:45:44
3. Robert THEISS	0:51:24

1.	208	00:09:34		477m	20'03"/km
2.	206	00:13:41	00:23:15	600m	22'48"/km
3.	205	00:04:13	00:27:28	278m	15'10"/km
4.	211	00:05:27	00:32:55	387m	14'05"/km
5.	212	00:04:19	00:37:14	253m	17'04"/km
6.	213	00:06:56	00:44:10	409m	16'57"/km
7.	205	00:05:52	00:50:02	485m	12'06"/km
8.	216	00:20:56	01:10:58	1212m	17'16"/km
9.	217	00:06:02	01:17:00	317m	19'02"/km
10.	218	00:07:40	01:24:40	438m	17'30"/km
11.	209	00:17:01	01:41:41	1244m	13'41"/km
12.	999	00:01:12	01:42:53	102m	11'46"/km

HELGA

Orienteering Software