



1º Treino COSM 2025
São Valentin 8.3.2025
Clube de Orientação de Santa Maria

Helena Ilha Dos Santos

Clube de Orientação de Santa Maria

Omloop : B2

Afstand : 3000m (Hoogteverschil 125m)

Tijd : 1:38:41 (32'54"/km)

17/18

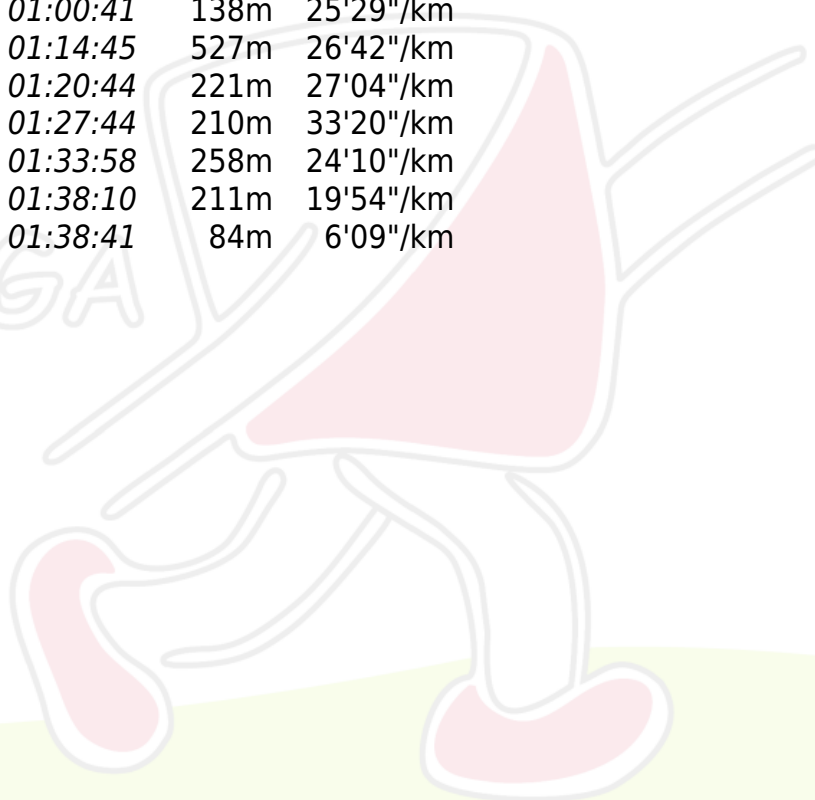
O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------------|---------|
| 1. Marcelo Da Rosa Libardi | 1:03:53 |
| 2. Rafael Veloso | 1:08:00 |
| 3. Marciele Da Rosa Libardi | 1:13:28 |

1.	57	00:01:51		123m	15'02"/km
2.	50	00:02:35	00:04:26	127m	20'20"/km
3.	85	00:04:52	00:09:18	131m	37'09"/km
4.	52	00:03:34	00:12:52	160m	22'18"/km
5.	34	00:08:28	00:21:20	258m	32'49"/km
6.	76	00:06:46	00:28:06	289m	23'25"/km
7.	60	00:29:04	00:57:10	262m	110'56"/km
8.	54	00:03:31	01:00:41	138m	25'29"/km
9.	36	00:14:04	01:14:45	527m	26'42"/km
10.	63	00:05:59	01:20:44	221m	27'04"/km
11.	38	00:07:00	01:27:44	210m	33'20"/km
12.	72	00:06:14	01:33:58	258m	24'10"/km
13.	80	00:04:12	01:38:10	211m	19'54"/km
14.	999	00:00:31	01:38:41	84m	6'09"/km

HELGA



Orienteering Software