



1º Treino COSM 2025
São Valentin 8.3.2025
Clube de Orientação de Santa Maria

Lucas Cogo

Colégio Militar de Santa Maria

Strecke : B1

Länge : 3400m (Steigung 115m)

Zeit : 1:44:02 (30'36"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

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|--------------------------|---------|
| 1. Araci Acemar Trindade | 0:36:06 |
| 3. Lucero | 1:46:46 |

1.	58	00:04:19		207m	20'51"/km
2.	52	00:01:57	00:06:16	175m	11'09"/km
3.	33	00:02:51	00:09:07	187m	15'14"/km
4.	52	00:06:18	00:15:25	187m	33'41"/km
5.	34	00:04:02	00:19:27	258m	15'38"/km
6.	48	00:06:27	00:25:54	107m	60'17"/km
7.	75	00:11:01	00:36:55	562m	19'36"/km
8.	70	00:05:51	00:42:46	359m	16'18"/km
9.	81	00:10:05	00:52:51	112m	90'02"/km
10.	74	00:09:42	01:02:33	353m	27'29"/km
11.	38	00:05:42	01:08:15	392m	14'32"/km
12.	51	00:05:35	01:13:50	249m	22'25"/km
13.	49	00:19:10	01:33:00	204m	93'57"/km
14.	50	00:03:03	01:36:03	80m	38'08"/km
15.	80	00:07:17	01:43:20	277m	26'18"/km
16.	999	00:00:42	01:44:02	84m	8'20"/km

Orienteering Software