



1º Treino COSM 2025
São Valentin 8.3.2025
Clube de Orientação de Santa Maria

Ribeiro Freitas

Colégio Militar de Santa Maria

Percurso : A2

Distancia : 3700m (Desnivel 140m)

Tempo : 1:59:15 (32'14"/km)

10/10

O.K.

[Resultados completos em Webres](#)

1. Luciano Bastos	0:47:30
2. Matheus Muraro Machado	0:56:06
3. Ruiz	1:00:18

1.	58	00:05:37		207m	27'08"/km
2.	85	00:06:05	00:11:42	211m	28'50"/km
3.	64	00:10:34	00:22:16	209m	50'33"/km
4.	54	00:11:18	00:33:34	591m	19'07"/km
5.	47	00:19:30	00:53:04	351m	55'33"/km
6.	56	00:09:13	01:02:17	253m	36'26"/km
7.	55	00:05:02	01:07:19	128m	39'19"/km
8.	60	00:08:30	01:15:49	320m	26'34"/km
9.	40	00:25:02	01:40:51	690m	36'17"/km
10.	52	00:01:40	01:42:31	78m	21'22"/km
11.	50	00:08:35	01:51:06	252m	34'04"/km
12.	80	00:07:18	01:58:24	277m	26'21"/km
13.	999	00:00:51	01:59:15	84m	10'07"/km

HELGA

Orienteering Software