



1º Treino COSM 2025
São Valentin 8.3.2025
Clube de Orientação de Santa Maria

Marco Antônio Pedroso

Barriga Verde Clube de Orientação

Omloop : A1

Afstand : 3800m (Hoogteverschil 155m)

Tijd : 1:09:50 (18'23"/km)

3/8

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Valmor Nidermayer | 0:40:19 |
| 2. Giovanni Schreiner | 1:08:56 |

1.	50	00:03:20		218m	15'17"/km
2.	42	00:03:40	00:07:00	221m	16'35"/km
3.	36	00:01:12	00:08:12	104m	11'32"/km
4.	60	00:06:15	00:14:27	580m	10'47"/km
5.	46	00:22:20	00:36:47	596m	37'28"/km
6.	84	00:04:40	00:41:27	226m	20'39"/km
7.	45	00:03:31	00:44:58	81m	43'25"/km
8.	48	00:12:07	00:57:05	821m	14'46"/km
9.	40	00:04:58	01:02:03	287m	17'18"/km
10.	41	00:00:29	01:02:32	73m	6'37"/km
11.	49	00:02:10	01:04:42	164m	13'13"/km
12.	80	00:04:49	01:09:31	341m	14'08"/km
13.	999	00:00:19	01:09:50	84m	3'46"/km

HELGA

Orienteering Software