



**1º Treino COSM 2025**  
**São Valentin 8.3.2025**  
**Clube de Orientação de Santa Maria**

**Vanderlei José Bortoli**

Clube de Orientação de Santa Maria

Omloop : E2

Afstand : 3800m (Hoogteverschil 170m)

Tijd : 0:54:40 (14'23"/km)

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O.K.

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- |                     |         |
|---------------------|---------|
| 1. Mirian Pasturiza | 0:52:13 |
| 2. Elaine Lenz      | 0:52:53 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 57  | 00:00:53 |          | 123m | 7'11"/km  |
| 2.  | 58  | 00:00:55 | 00:01:48 | 111m | 8'15"/km  |
| 3.  | 40  | 00:01:49 | 00:03:37 | 218m | 8'20"/km  |
| 4.  | 64  | 00:02:12 | 00:05:49 | 284m | 7'45"/km  |
| 5.  | 54  | 00:03:57 | 00:09:46 | 591m | 6'41"/km  |
| 6.  | 53  | 00:03:58 | 00:13:44 | 453m | 8'45"/km  |
| 7.  | 59  | 00:02:16 | 00:16:00 | 98m  | 23'08"/km |
| 8.  | 44  | 00:03:43 | 00:19:43 |      |           |
| 9.  | 84  | 00:11:14 | 00:30:57 |      |           |
| 10. | 45  | 00:02:43 | 00:33:40 | 81m  | 33'32"/km |
| 11. | 76  | 00:10:24 | 00:44:04 | 653m | 15'56"/km |
| 12. | 41  | 00:05:07 | 00:49:11 | 493m | 10'23"/km |
| 13. | 50  | 00:01:28 | 00:50:39 | 153m | 9'35"/km  |
| 14. | 80  | 00:03:24 | 00:54:03 | 277m | 12'16"/km |
| 15. | 999 | 00:00:37 | 00:54:40 | 84m  | 7'20"/km  |

Orienteering Software