



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Borba

1ª Cia

Percurso : D ADUL N

Distancia : 2500m (Desnivel 40m)

Tempo : 0:40:07 (16'03"/km)

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O.K.

[Resultados completos em Webres](#)

1. Bauer	0:20:13
2. Nadine	0:20:15
3. Beatriz Menezes	0:23:43

1.	31	00:01:33		96m	16'09"/km
2.	42	00:01:00	00:02:33	146m	6'51"/km
3.	38	00:01:14	00:03:47	207m	5'57"/km
4.	34	00:08:29	00:12:16	214m	39'39"/km
5.	33	00:01:13	00:13:29	153m	7'57"/km
6.	35	00:01:53	00:15:22	275m	6'51"/km
7.	36	00:01:41	00:17:03	197m	8'33"/km
8.	39	00:02:11	00:19:14	121m	18'03"/km
9.	41	00:13:27	00:32:41	306m	43'57"/km
10.	44	00:00:00	00:32:41	249m	0'00"/km
11.	45	00:05:16	00:37:57	158m	33'20"/km
12.	43	00:02:03	00:40:00	201m	10'12"/km
13.	999	00:00:28	00:40:28	106m	4'24"/km

HELGA

Orienteering Software