



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Rabelo

2ª Cia

Course : H ADUL N

Distance : 3200m (Climbing 50m)

--/55

not classified

[Full result on Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	46	00:04:15			
2.	47	00:00:39	00:04:54		
3.	48	00:00:41	00:05:35		
4.	43	00:00:42	00:06:17		
5.	31	00:28:47	00:35:04		
6.	32	00:01:13	00:36:17	215m	5'40"/km
7.	33	00:00:44	00:37:01	123m	5'58"/km
8.	32	00:02:00	00:39:01	123m	16'16"/km
9.	35	00:01:52	00:40:53	261m	7'09"/km
10.	36	00:01:38	00:42:31	197m	8'17"/km
11.	38	00:02:30	00:45:01	218m	11'28"/km
12.	32	00:00:47	00:45:48	126m	6'13"/km
13.	33	00:00:56	00:46:44	123m	7'35"/km
14.	35	00:02:35	00:49:19	275m	9'24"/km
15.	37	00:01:34	00:50:53	169m	9'16"/km
16.	39	00:02:45	00:53:38	239m	11'30"/km
17.	40	00:02:43	00:56:21	213m	12'45"/km
18.	41	00:01:33	00:57:54	160m	9'41"/km
19.	44	00:01:52	00:59:46	249m	7'30"/km
20.	45	00:01:25	01:01:11	158m	8'58"/km
21.	46	00:02:00	01:03:11	332m	6'01"/km
22.	999	00:00:25	01:03:36	69m	6'02"/km

Orienteering Software