



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Nicolau

2ª Cia

Percurso : H ADUL N

Distancia : 3200m (Desnivel 50m)

--/55

não classificado

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:05:42		96m	59'23"/km
2.	32	00:01:29	00:07:11	215m	6'54"/km
3.	33	00:00:42	00:07:53	123m	5'41"/km
4.	34	00:02:30	00:10:23	153m	16'20"/km
5.	35	00:02:24	00:12:47	193m	12'26"/km
6.	36	00:03:02	00:15:49	197m	15'24"/km
7.	38	00:01:49	00:17:38	218m	8'20"/km
8.	32	00:00:47	00:18:25	126m	6'13"/km
9.	34	00:01:27	00:19:52		
10.	37	00:02:07	00:21:59		
11.	39	00:01:54	00:23:53	239m	7'57"/km
12.	40	00:02:23	00:26:16	213m	11'11"/km
13.	41	00:01:28	00:27:44	160m	9'10"/km
14.	44	00:02:36	00:30:20	249m	10'27"/km
15.	45	00:01:40	00:32:00	158m	10'33"/km
16.	46	00:01:42	00:33:42	332m	5'07"/km
17.	999	00:00:26	00:34:08	69m	6'17"/km

Orienteering Software