



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Amaro

2ª Cia

Percurso : H ADUL N

Distancia : 3200m (Desnivel 50m)

Tempo : 0:51:21 (16'03"/km)

51/55

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:13:02		96m	135'46"/km
2.	32	00:01:36	00:14:38	215m	7'27"/km
3.	35	00:09:37	00:24:15	261m	36'51"/km
4.	36	00:01:36	00:25:51	197m	8'07"/km
5.	38	00:01:57	00:27:48	218m	8'57"/km
6.	32	00:01:06	00:28:54	126m	8'44"/km
7.	33	00:02:15	00:31:09	123m	18'18"/km
8.	34	00:01:23	00:32:32	153m	9'02"/km
9.	35	00:01:40	00:34:12	193m	8'38"/km
10.	37	00:01:09	00:35:21	169m	6'48"/km
11.	39	00:04:41	00:40:02	239m	19'36"/km
12.	40	00:01:21	00:41:23	213m	6'20"/km
13.	41	00:01:29	00:42:52	160m	9'16"/km
14.	44	00:00:00	00:42:52	249m	0'00"/km
15.	45	00:06:20	00:49:12	158m	40'05"/km
16.	46	00:02:11	00:51:23	332m	6'35"/km
17.	999	00:00:32	00:51:55	69m	7'44"/km

Orienteering Software