



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Patore

1ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:37:53 (11'50"/km)

48/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:03:18		96m	34'23"/km
2.	32	00:01:30	00:04:48	215m	6'59"/km
3.	42	00:00:27	00:05:15		
4.	33	00:01:53	00:07:08		
5.	34	00:01:01	00:08:09	153m	6'39"/km
6.	35	00:01:16	00:09:25	193m	6'34"/km
7.	36	00:02:16	00:11:41	197m	11'30"/km
8.	38	00:03:26	00:15:07	218m	15'45"/km
9.	32	00:00:45	00:15:52	126m	5'57"/km
10.	35	00:04:00	00:19:52	261m	15'20"/km
11.	37	00:02:35	00:22:27	169m	15'17"/km
12.	39	00:02:16	00:24:43	239m	9'29"/km
13.	40	00:05:58	00:30:41	213m	28'01"/km
14.	41	00:01:17	00:31:58	160m	8'01"/km
15.	44	00:00:00	00:31:58	249m	0'00"/km
16.	45	00:04:50	00:36:48	158m	30'35"/km
17.	46	00:02:22	00:39:10	332m	7'08"/km
18.	999	00:00:22	00:39:32	69m	5'19"/km

Orienteering Software