



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Cb Policarpo

2ª Cia

Percurso : H ADUL N

Distancia : 3200m (Desnivel 50m)

Tempo : 0:33:40 (10'31"/km)

42/55

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:17		96m	13'22"/km
2.	32	00:03:03	00:04:20	215m	14'11"/km
3.	33	00:00:27	00:04:47	123m	3'40"/km
4.	34	00:00:47	00:05:34	153m	5'07"/km
5.	35	00:01:17	00:06:51	193m	6'39"/km
6.	36	00:02:43	00:09:34	197m	13'47"/km
7.	38	00:01:51	00:11:25	218m	8'29"/km
8.	32	00:00:58	00:12:23	126m	7'40"/km
9.	35	00:01:36	00:13:59	261m	6'08"/km
10.	37	00:02:57	00:16:56	169m	17'27"/km
11.	40	00:03:23	00:20:19		
12.	41	00:06:33	00:26:52	160m	40'56"/km
13.	44	00:00:00	00:26:52	249m	0'00"/km
14.	45	00:05:14	00:32:06	158m	33'07"/km
15.	46	00:01:51	00:33:57	332m	5'34"/km
16.	999	00:00:24	00:34:21	69m	5'48"/km

Orienteering Software