



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Simões

2ª Cia

Course : H ADUL N

Distance : 3200m (Climbing 50m)

Time : 0:31:42 (9'54"/km)

40/55

O.K.

[Full result on Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:24		96m	14'35"/km
2.	32	00:01:41	00:03:05	215m	7'50"/km
3.	33	00:00:47	00:03:52	123m	6'22"/km
4.	35	00:03:48	00:07:40	275m	13'49"/km
5.	36	00:01:32	00:09:12	197m	7'47"/km
6.	38	00:01:47	00:10:59	218m	8'11"/km
7.	32	00:01:03	00:12:02	126m	8'20"/km
8.	33	00:00:40	00:12:42	123m	5'25"/km
9.	34	00:02:02	00:14:44	153m	13'17"/km
10.	35	00:01:27	00:16:11	193m	7'31"/km
11.	37	00:03:23	00:19:34	169m	20'01"/km
12.	39	00:02:58	00:22:32	239m	12'25"/km
13.	40	00:01:16	00:23:48	213m	5'57"/km
14.	41	00:01:35	00:25:23	160m	9'54"/km
15.	44	00:02:21	00:27:44	249m	9'26"/km
16.	45	00:01:42	00:29:26	158m	10'46"/km
17.	46	00:01:52	00:31:18	332m	5'37"/km
18.	999	00:00:24	00:31:42	69m	5'48"/km

Orienteering Software