



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEEx

De Almeida

2ª Cia

Course : H ADUL N

Distance : 3200m (Climbing 50m)

Time : 0:30:31 (9'32"/km)

37/55

O.K.

[Full result on Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:15		96m	13'01"/km
2.	32	00:01:22	00:02:37	215m	6'21"/km
3.	35	00:02:13	00:04:50	261m	8'30"/km
4.	36	00:01:49	00:06:39	197m	9'13"/km
5.	38	00:01:41	00:08:20	218m	7'43"/km
6.	32	00:00:54	00:09:14	126m	7'09"/km
7.	33	00:00:55	00:10:09	123m	7'27"/km
8.	34	00:01:44	00:11:53	153m	11'20"/km
9.	35	00:02:17	00:14:10	193m	11'50"/km
10.	37	00:01:09	00:15:19	169m	6'48"/km
11.	39	00:04:39	00:19:58	239m	19'27"/km
12.	40	00:01:10	00:21:08	213m	5'29"/km
13.	41	00:02:40	00:23:48	160m	16'40"/km
14.	44	00:00:00	00:23:48	249m	0'00"/km
15.	45	00:05:11	00:28:59	158m	32'48"/km
16.	46	00:01:58	00:30:57	332m	5'55"/km
17.	999	00:00:24	00:31:21	69m	5'48"/km

Orienteering Software