



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Gustavo Guilherme

2ª Cia

Percurso : H ADUL N

Distancia : 3200m (Desnivel 50m)

Tempo : 0:29:31 (9'13"/km)

35/55

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:00:53		96m	9'12"/km
2.	42	00:00:49	00:01:42	146m	5'36"/km
3.	32	00:00:22	00:02:04		
4.	33	00:00:35	00:02:39	123m	4'45"/km
5.	34	00:00:59	00:03:38	153m	6'26"/km
6.	35	00:01:08	00:04:46	193m	5'52"/km
7.	36	00:02:26	00:07:12	197m	12'21"/km
8.	38	00:01:16	00:08:28	218m	5'49"/km
9.	32	00:00:39	00:09:07	126m	5'10"/km
10.	35	00:01:34	00:10:41	261m	6'00"/km
11.	37	00:01:00	00:11:41	169m	5'55"/km
12.	39	00:01:52	00:13:33	239m	7'49"/km
13.	40	00:01:18	00:14:51	213m	6'06"/km
14.	41	00:01:18	00:16:09	160m	8'08"/km
15.	44	00:03:38	00:19:47	249m	14'36"/km
16.	45	00:07:31	00:27:18	158m	47'34"/km
17.	46	00:01:51	00:29:09	332m	5'34"/km
18.	999	00:00:22	00:29:31	69m	5'19"/km

Orienteering Software