



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Moisés

1ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:29:01 (9'04"/km)

33/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:57		96m	20'19"/km
2.	32	00:01:14	00:03:11	215m	5'44"/km
3.	33	00:00:29	00:03:40	123m	3'56"/km
4.	34	00:01:17	00:04:57	153m	8'23"/km
5.	35	00:01:09	00:06:06	193m	5'58"/km
6.	36	00:01:16	00:07:22	197m	6'26"/km
7.	38	00:02:58	00:10:20	218m	13'37"/km
8.	32	00:00:39	00:10:59	126m	5'10"/km
9.	35	00:01:51	00:12:50	261m	7'05"/km
10.	37	00:01:02	00:13:52	169m	6'07"/km
11.	39	00:02:40	00:16:32	239m	11'09"/km
12.	40	00:06:21	00:22:53	213m	29'49"/km
13.	41	00:01:18	00:24:11	160m	8'08"/km
14.	44	00:01:41	00:25:52	249m	6'46"/km
15.	45	00:01:10	00:27:02	158m	7'23"/km
16.	46	00:01:41	00:28:43	332m	5'04"/km
17.	999	00:00:18	00:29:01	69m	4'21"/km

Orienteering Software