



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEEx

F. Pacheco

1ª Cia

Course : H ADUL N

Distance : 3200m (Climbing 50m)

Time : 0:28:34 (8'56"/km)

31/55

O.K.

[Full result on Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:58		96m	20'29"/km
2.	32	00:01:30	00:03:28	215m	6'59"/km
3.	33	00:00:52	00:04:20	123m	7'03"/km
4.	34	00:02:18	00:06:38	153m	15'02"/km
5.	35	00:01:33	00:08:11	193m	8'02"/km
6.	36	00:01:40	00:09:51	197m	8'28"/km
7.	38	00:01:57	00:11:48	218m	8'57"/km
8.	32	00:00:52	00:12:40	126m	6'53"/km
9.	35	00:01:54	00:14:34	261m	7'17"/km
10.	37	00:01:24	00:15:58	169m	8'17"/km
11.	39	00:02:13	00:18:11	239m	9'16"/km
12.	40	00:01:32	00:19:43	213m	7'12"/km
13.	41	00:01:38	00:21:21	160m	10'12"/km
14.	45	00:04:31	00:25:52		
15.	46	00:02:15	00:28:07	332m	6'47"/km
16.	999	00:00:27	00:28:34	69m	6'31"/km

Orienteering Software