



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Braido

3ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:27:18 (8'32"/km)

25/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:00:49		96m	8'30"/km
2.	32	00:01:43	00:02:32	215m	7'59"/km
3.	35	00:03:42	00:06:14	261m	14'11"/km
4.	36	00:00:58	00:07:12	197m	4'54"/km
5.	38	00:01:19	00:08:31	218m	6'02"/km
6.	32	00:00:43	00:09:14	126m	5'41"/km
7.	33	00:02:17	00:11:31	123m	18'34"/km
8.	34	00:00:50	00:12:21	153m	5'27"/km
9.	35	00:01:02	00:13:23	193m	5'21"/km
10.	37	00:01:03	00:14:26	169m	6'13"/km
11.	39	00:05:28	00:19:54	239m	22'52"/km
12.	40	00:01:08	00:21:02	213m	5'19"/km
13.	41	00:01:16	00:22:18	160m	7'55"/km
14.	44	00:01:46	00:24:04	249m	7'06"/km
15.	45	00:01:11	00:25:15	158m	7'29"/km
16.	46	00:01:41	00:26:56	332m	5'04"/km
17.	999	00:00:22	00:27:18	69m	5'19"/km

Orienteering Software