



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Dórea

1ª Cia

Percurso : H ADUL N

Distancia : 3200m (Desnivel 50m)

Tempo : 0:27:15 (8'31"/km)

24/55

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:34		96m	16'19"/km
2.	32	00:01:23	00:02:57	215m	6'26"/km
3.	33	00:00:42	00:03:39	123m	5'41"/km
4.	34	00:01:02	00:04:41	153m	6'45"/km
5.	35	00:01:14	00:05:55	193m	6'23"/km
6.	36	00:02:01	00:07:56	197m	10'14"/km
7.	38	00:01:26	00:09:22	218m	6'34"/km
8.	32	00:00:42	00:10:04	126m	5'33"/km
9.	35	00:01:36	00:11:40	261m	6'08"/km
10.	37	00:01:12	00:12:52	169m	7'06"/km
11.	39	00:01:48	00:14:40	239m	7'32"/km
12.	40	00:06:03	00:20:43	213m	28'24"/km
13.	41	00:01:17	00:22:00	160m	8'01"/km
14.	44	00:01:53	00:23:53	249m	7'34"/km
15.	45	00:01:14	00:25:07	158m	7'48"/km
16.	46	00:01:45	00:26:52	332m	5'16"/km
17.	999	00:00:23	00:27:15	69m	5'33"/km

Orienteering Software