



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Rodrigues Pereira

1ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:27:12 (8'30"/km)

23/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	42	00:02:38			
2.	35	00:02:18	00:04:56		
3.	36	00:04:19	00:09:15	197m	21'55"/km
4.	38	00:01:35	00:10:50	218m	7'16"/km
5.	42	00:01:11	00:12:01	207m	5'43"/km
6.	33	00:00:43	00:12:44		
7.	34	00:01:24	00:14:08	153m	9'09"/km
8.	35	00:01:11	00:15:19	193m	6'08"/km
9.	37	00:01:20	00:16:39	169m	7'53"/km
10.	39	00:03:11	00:19:50	239m	13'19"/km
11.	40	00:01:07	00:20:57	213m	5'15"/km
12.	41	00:01:36	00:22:33	160m	10'00"/km
13.	48	00:03:08	00:25:41		
14.	46	00:01:09	00:26:50		
15.	999	00:00:22	00:27:12	69m	5'19"/km

Orienteering Software