



**1º PERCURSO COESPCEX 2025**  
**ESPCEX 8.3.2025**  
**Clube de Orientação da EsPCEX**

**Franklin**

1ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:26:11 (8'11"/km)

**21/55**

O.K.

[Vollständige Ergebnisse auf Webres](#)

- |             |         |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz  | 0:20:17 |
| 3. Sá       | 0:20:42 |

|     |     |                   |      |             |
|-----|-----|-------------------|------|-------------|
| 1.  | 31  | 02:56:41          | 96m  | 1840'27"/km |
| 2.  | 32  | 00:01:46 02:58:27 | 215m | 8'13"/km    |
| 3.  | 33  | 00:00:34 02:59:01 | 123m | 4'36"/km    |
| 4.  | 34  | 00:01:11 03:00:12 | 153m | 7'44"/km    |
| 5.  | 35  | 00:01:25 03:01:37 | 193m | 7'20"/km    |
| 6.  | 36  | 00:01:58 03:03:35 | 197m | 9'59"/km    |
| 7.  | 38  | 00:01:52 03:05:27 | 218m | 8'34"/km    |
| 8.  | 32  | 00:01:15 03:06:42 | 126m | 9'55"/km    |
| 9.  | 35  | 00:01:47 03:08:29 | 261m | 6'50"/km    |
| 10. | 37  | 00:01:19 03:09:48 | 169m | 7'47"/km    |
| 11. | 39  | 00:02:04 03:11:52 | 239m | 8'39"/km    |
| 12. | 40  | 00:01:25 03:13:17 | 213m | 6'39"/km    |
| 13. | 41  | 00:01:25 03:14:42 | 160m | 8'51"/km    |
| 14. | 44  | 00:02:27 03:17:09 | 249m | 9'50"/km    |
| 15. | 45  | 00:01:54 03:19:03 | 158m | 12'02"/km   |
| 16. | 46  | 00:01:47 03:20:50 | 332m | 5'22"/km    |
| 17. | 999 | 00:00:21 03:21:11 | 69m  | 5'04"/km    |

Orienteering Software