



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Diogo

2ª Cia

Course : H ADUL N

Distance : 3200m (Climbing 50m)

Time : 0:25:36 (8'00"/km)

19/55

O.K.

[Full result on Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:19		96m	13'43"/km
2.	32	00:01:37	00:02:56	215m	7'31"/km
3.	35	00:01:37	00:04:33	261m	6'12"/km
4.	36	00:01:29	00:06:02	197m	7'32"/km
5.	38	00:01:28	00:07:30	218m	6'44"/km
6.	32	00:00:41	00:08:11	126m	5'25"/km
7.	33	00:00:53	00:09:04	123m	7'11"/km
8.	34	00:01:05	00:10:09	153m	7'05"/km
9.	35	00:01:10	00:11:19	193m	6'03"/km
10.	37	00:01:20	00:12:39	169m	7'53"/km
11.	39	00:04:03	00:16:42	239m	16'57"/km
12.	40	00:01:29	00:18:11	213m	6'58"/km
13.	41	00:01:48	00:19:59	160m	11'15"/km
14.	44	00:01:57	00:21:56	249m	7'50"/km
15.	45	00:01:28	00:23:24	158m	9'17"/km
16.	46	00:01:50	00:25:14	332m	5'31"/km
17.	999	00:00:22	00:25:36	69m	5'19"/km

Orienteering Software