



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Arthur Andrade

3ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:24:58 (7'48"/km)

16/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:00:57		96m	9'54"/km
2.	32	00:01:13	00:02:10	215m	5'40"/km
3.	33	00:00:39	00:02:49	123m	5'17"/km
4.	34	00:01:23	00:04:12	153m	9'02"/km
5.	35	00:01:34	00:05:46	193m	8'07"/km
6.	36	00:02:15	00:08:01	197m	11'25"/km
7.	38	00:01:37	00:09:38	218m	7'25"/km
8.	32	00:00:50	00:10:28	126m	6'37"/km
9.	35	00:01:49	00:12:17	261m	6'58"/km
10.	37	00:01:23	00:13:40	169m	8'11"/km
11.	39	00:02:12	00:15:52	239m	9'12"/km
12.	40	00:01:31	00:17:23	213m	7'07"/km
13.	41	00:01:33	00:18:56	160m	9'41"/km
14.	44	00:00:00	00:18:56	249m	0'00"/km
15.	45	00:05:11	00:24:07	158m	32'48"/km
16.	46	00:02:00	00:26:07	332m	6'01"/km
17.	999	00:00:25	00:26:32	69m	6'02"/km

Orienteering Software