



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEx

Souza Gomes

2ª Cia

Strecke : H ADUL N

Länge : 3200m (Steigung 50m)

Zeit : 0:22:05 (6'54"/km)

6/55

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:16		96m	13'12"/km
2.	32	00:01:18	00:02:34	215m	6'03"/km
3.	33	00:00:42	00:03:16	123m	5'41"/km
4.	34	00:00:58	00:04:14	153m	6'19"/km
5.	35	00:01:20	00:05:34	193m	6'55"/km
6.	36	00:01:37	00:07:11	197m	8'12"/km
7.	38	00:01:19	00:08:30	218m	6'02"/km
8.	32	00:00:45	00:09:15	126m	5'57"/km
9.	35	00:01:42	00:10:57	261m	6'31"/km
10.	37	00:01:07	00:12:04	169m	6'36"/km
11.	39	00:01:46	00:13:50	239m	7'24"/km
12.	40	00:01:09	00:14:59	213m	5'24"/km
13.	41	00:01:22	00:16:21	160m	8'32"/km
14.	44	00:01:50	00:18:11	249m	7'22"/km
15.	45	00:01:32	00:19:43	158m	9'42"/km
16.	46	00:01:58	00:21:41	332m	5'55"/km
17.	999	00:00:24	00:22:05	69m	5'48"/km

Orienteering Software