



1º PERCURSO COESPCEX 2025
ESPCEX 8.3.2025
Clube de Orientação da EsPCEEx

Victor Hugo

2ª Cia

Circuit : H ADUL N

Distance : 3200m (Dénivelé 50m)

Temps : 0:20:57 (6'33"/km)

4/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------|---------|
| 1. Cap Paim | 0:18:42 |
| 2. Queiroz | 0:20:17 |
| 3. Sá | 0:20:42 |

1.	31	00:01:10		96m	12'09"/km
2.	32	00:01:12	00:02:22	215m	5'35"/km
3.	35	00:01:46	00:04:08	261m	6'46"/km
4.	36	00:01:25	00:05:33	197m	7'11"/km
5.	38	00:01:20	00:06:53	218m	6'07"/km
6.	32	00:00:39	00:07:32	126m	5'10"/km
7.	33	00:00:43	00:08:15	123m	5'50"/km
8.	34	00:00:55	00:09:10	153m	5'59"/km
9.	35	00:01:08	00:10:18	193m	5'52"/km
10.	37	00:01:05	00:11:23	169m	6'25"/km
11.	39	00:02:07	00:13:30	239m	8'51"/km
12.	40	00:01:13	00:14:43	213m	5'43"/km
13.	41	00:01:37	00:16:20	160m	10'06"/km
14.	44	00:01:31	00:17:51	249m	6'05"/km
15.	45	00:01:19	00:19:10	158m	8'20"/km
16.	46	00:01:29	00:20:39	332m	4'28"/km
17.	999	00:00:18	00:20:57	69m	4'21"/km

Orienteering Software